

Sports Action Plan - St Mary Federation Autumn 2016

The PE and sport premium is designed to help primary schools improve the quality of the PE and sport activities they offer their pupils. Schools receive a lump sum £8,000 plus £5 per eligible pupil. 7/12ths of each year's allocation is received in October and 5/12ths in April. Last year:

Brancaster received £8150

Docking received £8604

Sedgeford received £8139

In 2015/16, as a result of this, Brancaster and Docking both achieved the Gold School Games Kitemark award and Sedgeford achieved silver.

Sports Plan

Including Evaluation of plan 2015/2016 and future plans for 2016 to 2017:

1. Ensure children understand what contributes to a healthy lifestyle so they can make appropriate choices. Children do have the understanding but are not always making appropriate choices! Our sports lead, Jacqui Easter, along with all staff, plan to make this a focus for the year. Governors have taken a baseline questionnaire so we can measure impact.
2. Encourage greater take-up of sport during lessons, in after school clubs and through externally provided opportunities so that 75% of children regularly access after school clubs/activities and all children have taken part in at least one activity. Br achieved 70%; Se - 28% on a regular basis. Docking has waiting lists for clubs. In all schools, all children did attend at least one out-of-lesson activity. This year we need to continue to increase this, partly by widening the opportunities offered and also by opening all clubs up to all children in the Federation. Governors to investigate what is holding some children back and will feed back into our plan. A Governor is also talking to pupils to hear their voice.
3. Encourage increased participation in tournaments/festivals etc so that 75% of eligible children enter. Docking were often able to field several teams due to large number of entries. In the mini gear run Docking won the award for the greatest percentage participation. 84% of children in Brancaster participated in at least 1 event; Sedgeford had a huge increase to 40% participation.

We will investigate events that might attract different children (eg the Omnes Games) and continue to share teams across the Federation to enable all children to take part even where a school is too small to field a whole team by themselves.

4. Encourage pupil leadership skills and empower their voice through sports councils. This has gone well and was a significant contributory factor towards our school games kitemarks. We asked the cluster to host a cluster sports council event and this went ahead successfully. However, the active council scheme the children devised was a bit unwieldy so new committees have been elected and a big re-launch is due shortly. We hope to further increase pupil input to events, involve children more in planning and in activities to promote the making of healthy choices
5. Achieve school games kite marks. Br maintained gold despite the increased difficulty of achieving; Se moved from Bronze to silver; Docking improved from silver to gold. We are awaiting news of the new kitemark and will then explore what we need to do to achieve this.
6. Develop the sports leader role to include managing the budget, monitoring and evaluating,

Also, previously:

- Increase skills and 'benchmark' against others so children understand how well they are achieving. Our results and observing children during tournaments give children and staff a clear idea of where we were and how we could improve. This has been factored into lessons and coaching sessions etc.
- Support staff development of all staff to improve staff confidence. There has been a wide variety of training and staff say they feel more confident in many areas eg gym. Just need to maintain this and monitor new staff.

IMPACT ON ACHIEVEMENT 2015/2016

Docking Quicksticks Hockey team were the plate winners last year - against formidable opponents

Docking School had the most entrants of any local school for the mini gear run and won the regional prize.

In the West Norfolk Badminton Championships- we had the U8 runner up; 2 U10 singles and doubles winners and both single and double doubles runner up and an U12 runner up. Our best results ever!

Thanks to a variety of outside coaches, the use of our skilled sports leads and quality staff training, 78% of those children who were measurably below expected levels are now at expected levels in PE and 17% more children are above expected.

The number of KS2 children who can swim a minimum of 25 metres has increased to 83% and is still rising. We aim for 100%!

Objective	Action	Who	Resources/costs etc <i>Note - this is cost PER SCHOOL</i>	Monitoring
1. Ensure children understand what contributes to a healthy lifestyle and make appropriate choices	<ul style="list-style-type: none"> • This should be an ongoing part of PE lessons, cookery, PSHE, Science... • Displays on sports board/in dining room - maybe display can be done by the children? • Fruit on offer at playtimes • Chocolate discouraged • Water bottles (and water only, no juice) • Work with parents • Cookery clubs • Reintroduce 'healthy Docking Week' and share with other schools • Award 'golden tickets'/ house points/ stickers etc for healthy lunchboxes, good culinary skills/healthy choices • Could we offer a healthy tuck shop organised by School council? Simple/cheap. • Sports council give awards for healthy choices • Governors to talk to pupils and feedback 	<ul style="list-style-type: none"> • Teachers responsible for including in plans, and monitoring fruit/water etc • Lunch time staff and school sports councillors to monitor lunches and award. • SB to lead on working with parents, and inform them of School games • Staff involved in cooking 	<ul style="list-style-type: none"> • Have sent letters out asking businesses to sponsor cookery ingredients. Currently costing us up to £15 per cookery session • Fruit provided free for KS1, local businesses provide for KS2 • Contact Tesco's for help with parent events 	<ul style="list-style-type: none"> • Gov to monitor baseline and end point - baseline measured via online questionnaire • SVC committee to monitor through visits, reports etc • Sports Gov to monitor awards, boards etc • Staff responsible for kitemark through folder
2. Encourage greater take-up of sport-lessons, after school clubs, external providers so that 75% of	<ul style="list-style-type: none"> • Continue to subsidise clubs • Open up all clubs to all children • Ensure reliability of clubs • Consider if we can run age based clubs as YR/Y6 not always a good mix! • Offer taster sessions to encourage 	<ul style="list-style-type: none"> • SB to advise • JE to continue investigating new opportunities with coaches which would benefit children and 	<ul style="list-style-type: none"> • Buy in coaches (costs vary - JE currently collecting lists of charges and will manage within budget) 	<ul style="list-style-type: none"> • Sports Gov to monitor events on offer and uptake; also to hear voice of council

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<p>children regularly access after school clubs/activities and all children have taken part in at least one activity.</p>	<p>club take up</p> <ul style="list-style-type: none"> • Continue to source inspirational coaches. Identify funded coaches such as the chance to shine cricket programme. • Identify local clubs. Ask if coaches will come in & offer sample session or demo • Use other children as role models • Continue to widen the variety of sports on offer so should appeal to all • School sports councils to suggest and help plan clubs/events • Buy into commercial schemes, e.g. BAGA • Buy in inspirational visitors - famous sportspeople relevant to school successes. • Governors to hear pupil voice about what barriers prevent them attending clubs and maybe canvas parents. • Some non swimmers are accessing extra swimming sessions with other classes • Invite local clubs in to 'sell' themselves • Continue to celebrate children's achievements in assemblies and on sports boards and through the 'be happy, be healthy...' scheme • Signpost local clubs etc to parents 	<p>staff development.</p> <ul style="list-style-type: none"> • JE to investigate visitors • JE to investigate local clubs. • SB to lead on assemblies, with support from JE 	<ul style="list-style-type: none"> • buy into schemes (£100) • Visitors (trying to source free visitors!) • JE sourcing funded initiatives • transport - hope pupils will contribute to cut costs - £1000 • staff to undertake minibus training - £200 - to make use of local minibuses • extra staff as required - JE to manage within budget • JE salary costs • JE's club raises money to feed back into budget £350 last year • Awards £100 	<ul style="list-style-type: none"> • Curriculum committee to monitor participation in PE and alternatives, also awards through commercial schemes • Finance Governor to monitor budget

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	<ul style="list-style-type: none"> • Fitness club for adults at Docking on Thursday evenings £2 per week (run by JE) Encourages good relationships with parents. • School provides 'spare' kit for children who repeatedly forget theirs or have none 			
<p>3.Encourage increased participation in tournaments/ festivals etc so that 75% of eligible children take part and are well prepared.</p>	<ul style="list-style-type: none"> • Promote shared teams, shared practices and shared transport costs. • Organise transport to tournaments as making it parental responsibility can be a barrier to some families. Also if parents need to attend this can be a problem where have other siblings. • Tracy Bower to continue to organise events • Celebrate and reward participants eg in assemblies and on the sports board, in parish news.... • Already have some competition intra-school (e.g. sports day with houses etc). Could this extend to other sports, e.g. who can throw javelin furthest, run fastest 100m etc - could have names on board. Could share results with other Federation schools to encourage and motivate. • Cluster offers an adapted sports day for disabled children • Children who cannot participate due to 	<ul style="list-style-type: none"> • JE to help plan/organise • JC/SP/KN to book transport • JE/TB to organise KS1 competition and clubs • JE/KT/PJ to organise notice boards for children's achievements in intra-school events and athletics etc • JE/KT/PJ to identify children for adapted sports days. Great success last year. • KN to send a text for any spare PE kit and plimsolls in bags. JE to organise location of kit. 	<ul style="list-style-type: none"> • transport (if subsidised) £500 • Federation sports kit £250 • Tracy Bower, subscription fees (£40) • clubs - subsidies - £200 • medals etc £100 	<ul style="list-style-type: none"> • Sports Gov to monitor events uptake • Cluster Gov to monitor cluster work • SEN governor monitor inclusion

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	<p>e.g. broken arm, are involved as time keeper/scorer etc</p> <ul style="list-style-type: none"> • Run KS1 inter-school competition/festival between three schools. Tracy Bower to involve young leaders, sports councils to plan • Run clubs to prepare for tournaments 	<ul style="list-style-type: none"> • staff to ensure children who cannot take part in a PE lesson will have an appropriate role during the lesson - eg scorer, observer, note taker... 		
4. Encourage pupil leadership skills and empower their voice	<ul style="list-style-type: none"> • Children to help plan events, clubs, activities, the sports board • Brancaster children to continue to run 'be happy, be healthy...' scheme and add some extra meetings for planning etc - share with other two schools and spread across Federation • Run KS1 inter-school competition/festival between three schools. Tracy Bower to involve young leaders, sports councils to plan • In lessons, more able children can often take the warm up sessions. This is part of observation analysis. • Cluster/Tracy Bower hosting a cluster sports council conference • Ask Tracy/JE if we can run the young leaders course again + ensure the leaders then help run clubs, organise games at playtimes and play active role in PE lessons 	<ul style="list-style-type: none"> • SB/KJT/CP to lead on pupil voice • be happy, be healthy...' and sports council • JE/TB to work with committee • JE to continue supporting 	<ul style="list-style-type: none"> • Resources for schemes (£200 per school) • Transport so councils can share good practice - £200 • Competition resources - £200 • Extra staff time 	<ul style="list-style-type: none"> • Sports Gov • Pupils and personnel monitor pupil voice • Curriculum committee monitor lesson aspects

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5. Achieve school games kite mark - can all schools get to gold?	<ul style="list-style-type: none"> Until details of new scheme are announced, we cannot make plans. 	<ul style="list-style-type: none"> JE/KT/PJ maintaining folder as before 	<ul style="list-style-type: none"> unknown 	<ul style="list-style-type: none"> sports Governor
6. Develop the sports leader role to include managing the budget, monitoring and evaluating	<ul style="list-style-type: none"> through appraisal JE to work with GJ on monitoring etc JE to attend safety course and evaluate practice/update risk assessments/support teachers where required JE to continue to develop assessment using resources from courses JE to work with JC/KN on budget 	<ul style="list-style-type: none"> SB (appraisal) GJ - supporting monitoring JC/KN support budget 	<ul style="list-style-type: none"> Cost of courses £400 Release time - hope to cover within school 	<ul style="list-style-type: none"> FPP committee - appraisal Curriculum committee - monitoring/assessment H/S -RAs